

MEDIA RELEASE



8 April 2026

Carers Australia appoints new CEO

The Board of Carers Australia is very pleased to announce that Joanna (Jo) Cave has been appointed as the next CEO of Carers Australia.

Jo brings a wealth of relevant experience to the CEO role as a leader of member-based organisations in a range of sectors, a passionate and successful advocate, a highly strategic thinker, partnership builder and deliverer of outcomes.

Chairperson, David Quilty, said that after a rigorous recruitment process, the Board was unanimous in its view that Jo is the right person to take Carers Australia forward.

“Jo has the mix of skills and experience required to ensure that Australia’s three million unpaid carers receive the recognition, remuneration, respite, and services and support that they need and deserve,” said Mr Quilty.

Jo said she was delighted to be joining Carers Australia which plays such an important role in representing and making a genuine difference to the lives of unpaid carers.

“Unpaid carers are a national asset, making a profound contribution to our economy and society, without which the country would cease to function effectively. I thank the Board for putting their trust in me and look forward to working with the Carers Australia team, the member network and all our stakeholders in delivering for carers,” said Ms Cave.

David Quilty paid tribute to Carers Australia’s retiring CEO, Annabel Reid, on behalf of the Board.

“Annabel has played a central role in the development of the National Carer Strategy and been instrumental in delivering greater support for young carers. Her work building strong relationships with members, stakeholders and government has been exceptional,” he said.

Jo will commence at Carers Australia on Monday 27 April.



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For media enquiries, including pictures, please contact communications@carersaustralia.com.au or call 0428 948 415.

About Carers Australia and the National Carer Network

Carers Australia is the national peak body representing Australia's carers, advocating to influence policies and services at a national level. The National Carer Network, which consists of Carers NSW, Carers ACT, Carers Victoria, Carers Tasmania, Carers SA, Carers WA, Carers NT, and Carers Queensland, deliver a range of essential carer services across states and territories.

About carers

An informal, unpaid carer is a family member or friend that cares for someone that has a disability, chronic or life-limiting illness, is frail aged, has a mental health illness, alcohol or other drug related issue. Informal carers are distinct from paid support workers who are colloquially also called carers but are fully employed and remunerated with all the benefits of employment. Conversely, family carers perform their caring duties without remuneration