

# 2025 Federal Election Asks

1a

**Cost of living relief - \$300 one-off boost to Carer Supplement**

*"I never thought I'd be in this situation; expenses on my credit card, unsure how to pay them off. The financial strain is relentless."*

1b

**Cost of living relief - 15% increase to Carer Allowance**

*"Every day I have to decide which medical expenses I can afford for my child. It's a heartbreaking choice no carer should have to make."*

2

**Let's take Super for carers seriously**

*"I cared for my father for 20 years. Now I'm 65, with no super and no savings. Who's going to care for me?"*

3

**Raise value & number of young carer bursaries**

*"The bursary helped me buy a laptop for school. Without it, I don't know how I would have managed."*

4

**Support employers to keep carers in the workplace**

*"Caring shouldn't cost your career. But for many of us, it does."*

5

**Carers identified by health professionals from the start**

*"When my husband had a stroke, he was discharged without guidance or support. I didn't know what to do next."*

**Carers Can't Quit  
Let's give them a better deal.**

