

MEDIA RELEASE



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Lighting up Australia for Carers

Landmarks across Australia will be lighting up to celebrate National Carers Week.

In a collective show of strength, buildings and monuments across the nation's states and territories will shine blue throughout the week, celebrating Australia's 2.65 million unpaid carers.

National Carers Week, starting on Sunday, October 15, is a chance to recognise the exceptional contribution unpaid carers make to society by caring for family members or friends, facing illness, disability, or frail age.

CEO of Carers Australia Jane Bacot-Kilpatrick said: "This week is about saying to carers 'we see you'. It is about raising their profile in the community and celebrating what they do.

"Anyone can become a carer at anytime in their life, and everyone's caring experience will be different. For many, it is a positive experience, but for many more it is isolating, lonely and incredibly challenging.

"Lighting up buildings across Australia is one of the many ways we will be celebrating these unsung heroes during National Carers Week."

The following landmark monuments and locations will be lit up in this year's tribute:

ACT

- Old Parliament House
- John Gorton Building
- Treasury Building
- Telstra Tower



New South Wales

- Big Banana Fun Park, Coffs Harbour
- Newcastle City Hall

South Australia

- State Parliament House

Victoria

- Flinders Station, Melbourne
- Catenary, Geelong

Tasmania

- Hobart City Council areas (Mawson Place, Doone Kennedy Aquatic Centre, Elizabeth Street Mall, Franklin Square Fountain, Kennedy Lane, Rose Gardens Bridge)
- Tasman Bridge, Hobart
- Wrest Point Casino Hotel, Hobart
- Launceston Town Hall, Launceston

Queensland

- Gateway Bridge
- Story Bridge
- Victoria Bridge
- Reddacliff Place sculptures Donna Marcus: Steam 2006
- Wickham Terrace Car Park architectural wall
- Breakfast Creek Bridge in Newstead.

Western Australia (with thanks to Western Australian Government Department of Communities)

- Yagan Square
- Kununurra Courthouse



- East Kimberley Boab Trees Kununurra
- Albany Town Square and Alison Hartman Gardens
- Kalgoorlie Library and Eastern Goldfields Community Centre (Roberts Street)
- Matagarup Bridge
- Joondalup Drive Bridge
- Mount Street Bridge
- Northbridge Tunnel
- Sky Ribbon
- Optus Stadium
- Trafalgar Bridge (East Perth)
- Council House
- Bell Tower
- Elizabeth Quay

More information about National Carers Week, including events and ideas on how to support a carer, is available at carersweek.com.au

National Carers Week is an initiative of Carers Australia, funded by the Australian Government Department of Social Services, and coordinated with the assistance and participation of the National Carer Network.

ENDS

About Carers Australia and the National Carer Network

Carers Australia is the national peak body representing Australia's carers, advocating to influence policies and services at a national level. The National Carer Network, which consists of Carers NSW, Carers ACT, Carers Victoria, Carers Tasmania, Carers SA, Carers WA, Carers NT, and Carers Queensland, deliver a range of essential carer services across states and territories.

About carers

An informal, unpaid carer is a family member or friend caring for someone with a disability, chronic or life-limiting illness; who is frail aged, has a mental health illness, alcohol or other drug related issue. Informal carers are distinct from paid support



workers who are colloquially also called carers but are fully employed and remunerated with all the benefits of employment. Conversely, family carers perform their caring duties without remuneration.

For media enquiries please contact the communications team on 0428 948 415 or by emailing communications@carersaustralia.com.au .