



Australian Government



Carer
Gateway



New services for carers coming in 2019

Are you one of Australia's 2.7 million unpaid carers? The Australian Government is rolling out a range of new services for carers in 2019 to help you reduce stress, improve your skills and reduce the strain of caring.

From July 2019, you will be able to access a range of new online services including peer support, self-guided coaching and practical skill courses. A new phone counselling service will be available for emotional and psychological support when you need it.

From September 2019, you will be able to access a new network of Carer Gateway service providers for tailored and flexible services including support planning, in-person counselling and peer support, emergency respite and tailored financial packages.



1800 422 737

Monday to Friday, 8am-6pm

carergateway.gov.au